

Lunch menu

Appetizer

Soup <i>Chef's daily creation.</i>	\$ 7.00	Fries	\$ 9.00
French Onion Soup <i>Caramelized onion beef broth, with mozzarella and parmesan cheese, served with garlic toast.</i>	\$ 13.00	Sweet Potato Fries	\$ 10.00
Poutine <i>Fries, mozzarella, bacon & green onions, smothered in gravy</i>	\$ 14.00	Potato Skins <i>Loaded with bacon, green onion & mixed cheese, served with sour cream.</i>	\$ 11.00
Butter Chicken Poutine <i>Fries topped with house-made butter chicken.</i>	\$ 16.00	Deep Fried Pickles <i>Fried garlic dill pickles, served with chipotle ranch sauce.</i>	\$ 10.00
Brisket Poutine <i>Fries, slow-braised brisket & house-made gravy, topped with a sunny side up egg.</i>	\$ 16.00	Bruschetta <i>Roma tomato, onion, garlic, basil & balsamic vinaigrette comes with garlic baguette.</i>	\$ 14.00
Steak Bites <i>Breaded beef sirloin pieces served with chipotle dipping sauce.</i>	\$ 14.00	Coconut Shrimp <i>9 pieces of shrimp breaded in wontons, served with sweet chili sauce.</i>	\$ 15.00
Calamari <i>Lightly breaded, fried, served with tzatziki sauce.</i>	\$ 15.00	Mushroom Neptune <i>Sauteed mushroom with shrimp, seafood, seasoned cream cheese, topped with mozzarella. Served with garlic toast.</i>	\$ 16.00

Available from 11am to 5pm

Appetizer

Chicken Fingers \$13.00

Crispy chicken tenders with choice of dipping sauce.

Chicken Wings \$16.00

1lb chicken wings with choice of sauce:

Sweet & Sour | Honey Garlic | Ranch | BBQ | Garlic & Parmesan | Chipotle Ranch | Sweet Chili | Spicy Maple | Franks Red Hot | Salt & Pepper | Lemon Pepper | Roasted Garlic Pepper | Coconut curry | Jamaican Jerk

+ Add carrot & celery sticks for \$4.00

Spinach & Artichoke Dip \$17.00

Home-made dip, served with crispy pita bread.

Nachos \$18.00

Loaded with tomatoes, green onion, jalapenos, olives & mixed cheese.

Frantz Platter \$23.00

Nachos, potato skins, tempura broccoli, pork bites & waffle fries, with chipotle sauce.

Caesar (Small) \$10.50
(Large) \$14.00

Romaine, bacon bits, parmesan & croutons with creamy garlic dressing, lemon wedge & garlic toast.

Orange Poppy Seed (Small) \$11.50
(Large) \$15.00

Mixed greens, onion, tomato, cucumber, feta-cheese.

Cajun Shrimp (Small) \$13.50
(Large) \$18.00

Mixed greens, red cabbage, carrots, onion, spicy honey & cajun shrimp.

+ Add grilled chicken for \$4.00

+ Add calamari for \$6.00

Taco (Small) \$13.50
(Large) \$18.00

Romaine lettuce, tortilla chips, mixed cheese, sweet corn and black bean salsa, cherry tomatoes, red peppers & green onions with chipotle ranch dressing. With your choice of seasoned chicken or taco beef.

Almond Chicken (Small) \$14.00
(Large) \$18.50

Grilled chicken, toasted almonds, mixed lettuce, cherry tomatoes, carrot curls, cucumbers & red onions with honey mustard dressing.

+ Upgrade to Crispy Chicken for \$1.00.

Available from 11am to 5pm

Main

Hamburger	\$13.00	BLT	\$12.00
<i>6oz CAB patty with lettuce, tomatoes, onions & burger sauce on a toasted brioche bun.</i>			
<i>+ Add bacon & cheese for \$4.50.</i>			
Chicken Burger	\$14.00	Denver	\$12.00
<i>Your choice of blackened, grilled or breaded chicken breast with lettuce, tomatoes & mayonnaise on a toasted brioche bun.</i>			
Half Royale	\$14.00	Clubhouse	\$14.50
<i>6oz CAB patty with sauteed onions, mushrooms, cheddar & gravy, served open-face on a toasted brioche bun.</i>			
Heart Attack Burger	\$21.00	Reuben	\$16.00
<i>6oz + 6oz burger patties with double cheddar cheese, lettuce, tomato, onion & BBQ brisket on a toasted brioche bun.</i>			
Fish & Chips (1pc)	\$13.50	Build Your Pizza	\$16.00
(2pc)	\$18.00	<i>3 choice of toppings:</i>	
<i>Crispy fried fish fillets, served with fries & tartar sauce.</i>			
Liver & Onion	\$17.00	<i>Chicken Ground Beef Pepperoni Onion Tomato Jalapeno Black Olives Spinach Mix Peppers Artichoke Mushroom Black Beans Bacon Bits Ham Feta Cheese Mix cheese Pineapple Chorizo sausage</i>	
<i>Served with mashed potato, and your choice of side.</i>			
<i>+ Add fries \$3.50 + Add soup \$3.50 + Add house salad \$3.50 + Add caesar salad \$4.00</i>			

Available from 11am to 5pm

Main

Beef Tonkatsu Sandwich	\$15.00	Gyros	\$12.00
<i>Japanese-inspired sirloin steak breaded with our home-made batter on a soft bun with maple siracha sauce.</i>		<i>Gilled chicken, diced tomatoes, red onions, lettuce & tzatziki sauce wrapped in a pita.</i>	
Philly Cheese Steak	\$15.50	Chicken Caesar Wrap	\$13.00
<i>Roast beef, onions, mushrooms, red & green peppers & mixed melted cheese on a ciabatta.</i>		<i>Roasted chicken with caesar salad wrapped in a tortilla.</i> + Upgrade to crispy chicken for \$1.50 + Upgrade to buffalo chicken for \$1.50	
Chicken Parmesan Sandwich	\$15.50	Buffalo Chicken Wrap	\$13.50
<i>Baguette bread with crispy chicken with our homemade tomato sauce topped with mozzarella & parmesan cheese & bake until golden brown.</i>		<i>Crispy chicken, lettuce, tomato, onion & mix cheese with ranch and buffalo sauce, wrapped in a tortilla.</i>	
Steak Sandwich	\$20.00	Quesadilla	\$15.00
<i>6oz sirloin grilled to your liking, piled on Texas garlic toast with sauteed onions & mushrooms.</i>		<i>Black beans, tomatoes, green onions & mixed cheese in a tortilla. Served with sour cream and salsa.</i> + Add chicken or taco beef for \$4.50.	
Pulled Rib Sandwich	\$22.00	Steak Taco	\$17.00
<i>Half rack of ribs on a ciabatta bun with onions, peppers, swiss cheese & mushrooms, with homemade BBQ sauce.</i>		<i>Sirloin steak with chimichurri, diced tomato, onion, shredded lettuce & adobo chipotle.</i> + Add fries \$3.50 + Add soup \$3.50 + Add house salad \$3.50 + Add caesar salad \$4.00	

Beverages

Coffee	\$ 3 . 0 0	Milk (Small)	\$ 2 . 7 5
Tea	\$ 3 . 0 0	(Large)	\$ 3 . 2 5
Hot Chocolate	\$ 3 . 0 0	Chocolate Milk (Small)	\$ 2 . 7 5
Fountain Pop	\$ 3 . 5 0	(Large)	\$ 3 . 2 5
<i>Pepsi Diet Pepsi 7up Ginger Ale Iced Tea</i>			Fruit Juice
Bottled Water	\$ 3 . 5 0		\$ 3 . 2 5

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